



INTRODUCTION

Message From Our Manager

As we welcome another season, I would like to take a moment to reflect on the past few months and share my sincere gratitude with our residents, families, and dedicated team.

The past few months have been a wonderful reminder of the importance of community. Whether through group activities, special celebrations, or quiet one-to-one moments, it has been heartening to see residents continue to engage, support one another, and make the most of each day. These moments, both big and small, truly define what makes our home so special.

As we look ahead to the coming months, we are excited to continue strengthening our connection with Scott's Corner Nursery, while also exploring new partnerships within our wider community. Building these relationships brings fresh opportunities, shared experiences, and meaningful engagement for everyone in our home.

A key focus for us moving forward will be our garden space. We are looking forward to putting our own unique touch into it, creating an environment that is not only visually beautiful, but also engages all the senses. Our aim is to develop a space where residents can relax, connect with nature, and enjoy the therapeutic benefits of being outdoors.

I'm delighted to share that we have already made a wonderful start, with residents and staff coming together to plant seeds and bulbs. It has been a lovely activity that has brought both joy and anticipation, and we are all looking forward to seeing the garden come to life in the months ahead.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Leigh Young
Home Manager



KEEPING FIT & ACTIVE

Glencorse Gets Physical

Staying active continues to be an important part of life at Glencorse. We encourage activities that support both physical health and mental wellbeing, adapting them so that everyone can take part comfortably.

Balloon tennis has been a popular choice, offering a light and enjoyable way to keep moving, even from a seated position or from bed.



Chair yoga sessions have also provided a calm and gentle form of exercise, helping residents to relax while maintaining mobility and balance.



Play, Move, Laugh – Repeat

We have enjoyed introducing a range of games that bring a sense of fun and friendly competition to the home. Activities such as giant Connect 4, beanbag target practice, darts and giant Kerplunk have all been well received.

These sessions encourage coordination, concentration and teamwork, while also creating plenty of laughter and conversation among residents.



RECENT ACTIVITIES & EVENTS

Nature, Nurture and a Touch of Kindness

With spring approaching, our attention has naturally turned to our outdoor spaces. Residents have been involved in planting seeds and bulbs, helping to shape how the garden will look and feel in the coming months.

We have also been thinking about the wildlife around us and how we can make the garden a welcoming space for birds, butterflies and other small creatures. One of our recent activities involved making homemade bird feeders, which was both enjoyable and purposeful.

We look forward to sharing updates as the garden begins to grow and develop.



It Must Be Love – Valentine's at Glencorse

Valentine's Day was marked with a relaxed and enjoyable afternoon in our café, which was decorated by the activities team for the occasion.

Residents enjoyed a themed afternoon tea, including homemade puff pastry tarts. The atmosphere was warm and sociable, with plenty of conversation, laughter and shared memories. It was a simple but meaningful way to celebrate the day.



SPRING HAS SPRUNG

Looking Ahead

As we move further into spring, we are looking forward to spending more time outdoors and continuing to develop our garden space. We also plan to build on our community connections and introduce new activities that reflect residents' interests.

Maintaining a balance between activity, relaxation and social connection remains our focus, ensuring that residents feel comfortable, engaged and supported in their daily lives.

Thank you, as always, for your continued support.

EXTERNAL LINKS

Social Media

Make sure to check out the Glencorse Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)